

# Bringing Baby Home Basics

A list of essential items for newborn care

01

## Car seat

Learn about the requirements. Assistance is available for getting a car seat. Get a free safety inspection for your car seat.



02

## Diapers and wipes

If you need help getting diapers, contact a Greater Hampton Roads Diaper Bank partner.



03

## Safe sleeping surface

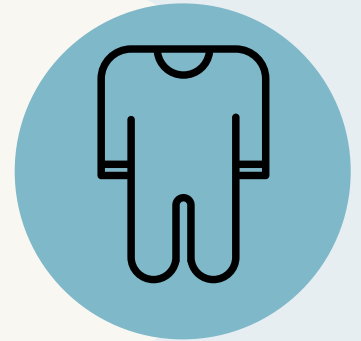
Create a safe sleep environment. Baby needs a firm, flat place to sleep, such as a crib, bassinet, or pack-n-play. If you need help, contact Sleeptight Hampton Roads.



04

## Clothing

Baby will need several pajamas, 1-2 sleep sacks, socks, body suits, pants, and hats.



05

## Feeding supplies

If you plan to breastfeed, it is a good idea to have one bottle and formula on hand in addition to a breast pump.



06

## Baby hygiene

A baby bathtub, soap, washcloths, and towel are needed for bathing. Baby also needs lotion, baby nail clippers, nasal bulb, and rectal thermometer.



07

## Soothers, toys, books

Pacifiers, teethers, rattles, and a few simple books are all you need to soothe and entertain a very new baby.

