



## **GOOD NUTRITION STARTS EARLY WITH THE CHILD AND ADULT CARE FOOD PROGRAM**

Do you or somebody you know care for children in a home setting?

Do you want to serve more nutritious foods, show your commitment to offering quality care and earn more **\$\$\$\$\$** to buy these foods?

**Consider participating in the Child and Adult Care Food Program (CACFP)!**

Minus 9 to 5 and our community partners are offering a **FREE** information session to learn more about the benefits of CACFP. [Click here to watch the recorded info session.](#)

- If you are a current CACFP participant, you can refer a friend to this [pre-recorded informational session](#) and if your friend watches the recording, you will receive a thank you gift valued at **\$20**, just for your kind referral!
- If you are an interested child care provider and you [watch the recording](#), you will receive an thank you book set valued at **\$30** and are eligible for a follow-up meeting with a CACFP coordinator providing free consultation.
- If you sign up for CACFP you will receive a welcome kit valued at **\$155** with helpful tools to implement the CACFP program, children's books, and other materials focused on nutrition education.

[Share the recording](#) with an interested friend and then email [ParkerEK@evms.edu](mailto:ParkerEK@evms.edu) with the following: your name, your child care (family day home or center) name, confirmation that you are a participating CACFP member.

If you're interested in learning about the CACFP program and you have been referred by a friend, email [ParkerEK@evms.edu](mailto:ParkerEK@evms.edu) and tell us the name of the person who referred you and tell us three things you learned in the [recorded info session](#) to receive a set of children's board books.

**EVMS**  
MINUS 9 TO 5

Preparing families from  
conception to kindergarten

**The  
Planning  
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CHILDREN'S  
HARBOR