

Are you pregnant? Caring for children under 6?

- Do you live in South Hampton Roads or Western Tidewater?
- Would you like to know about services and resources for parents-to-be and parents?
- Are you an expectant parent or parent who needs someone to talk to?



We Can Help!

Free and Confidential Information

The Planning Council
HOME VISITING CENTRALIZED INTAKE

Phone: 757-622-9268 EXT 3042 or 3057

<https://www.theplanningcouncil.org>

Home Visiting Centralized Intake can connect you to...

- Home Visiting
 - Pregnancy services
 - Alcohol & drug resources
 - Infant & Toddler Programs
 - Domestic Violence resources
 - Developmental delay programs
 - Parenting classes
 - Prenatal care
 - Smoking cessation
 - Counseling
- And more...**



Supported by project X10MC29509 from the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau (Title V, Social Security Act, Patient Protection and Affordable Care Act of 2010).

Requesting a referral
for services is easy,
free and voluntary
Just Call!

Your healthcare
provider or case
worker can call or fax
a referral

Call 757 622-9268,
EXT 3042 or 3057

Fax 757 216-9481

Home visiting services can help
in the following situations:

- A high risk pregnancy
- A child born prematurely or with special health or learning needs
- Several children born close in age
- Caring for young children as their grandparent or other guardian
- Concerns about your child's development
- Substance abuse or domestic violence issues

Service Areas:

- *Chesapeake
- * Norfolk
- * Portsmouth
- * Virginia Beach
- * Suffolk

- *Franklin * Isle of Wight
- * Southampton County